

## JANUARY 15

12:30-4:30pm CT via webinar

Introduction to Trust-Based Relational Intervention (TBRI)



with Stephanie Rodrigues

## FEBRUARY 12

10am-2:30pm CT via webinar

Eating Disorders: What to Look For, When to Step In, and How to Help



with Jillian Lampert & Krista Crotty


## MARCH 19

10am-2:30pm CT via webinar

Ethics & Boundaries: Navigating Blurred Lines with Adolescents in a Complex World



with La'Tanya Campbell

in collaboration with CESBMH & OCMH 

## APRIL 17

9am-4pm CT in Waukesha, WI

Using Art and Creativity for Healthy Expression and Mindfulness



with Emily Goldstein-Nolan

## MAY 14

10am-2:30pm CT via webinar

Decolonizing Therapy & Intro to Brainspotting



with Regina Faridnia

## JUNE 18

8:30am-12:30pm CT via webinar

Reflective Supervision



with Adesola Oni & Shawn Smith

## JULY 16

10am-2:30pm CT via webinar

Ethics & Boundaries: The Use of AI in Human Services



with Marina Badillo-Diaz

## AUGUST 13

9am-4:30pm CT in Wisconsin Dells

DBT for Adolescents: Theory, Family Engagement, and Growing Motivation



with Henry Boeh

in collaboration with CESBMH & OCMH 

## SEPTEMBER 17

10am-2:30pm CT via webinar

Cultural Humility in Practice: Understanding and Supporting Latinx Youth and Families



with Ramfis Márquez

## OCTOBER TBD

9am-4pm CT in Oshkosh, WI

Demystifying Early Childhood Mental Health & Parent-Infant Psychotherapy



with Sarah Strong & Kathleen Hipke

## NOVEMBER 5

10am-2:30pm CT via webinar

Ethics & Boundaries: Legal Issues for Clinicians & Mental Health Providers



with Jacqueline Landess & Tony Thrasher

## DECEMBER 10

8:30am-12:30pm CT via webinar

UBUNTU: I Am, Because We Are (*From Self Care to We Care*)



with Crystal Bennett

## JANUARY 16

10am-2:30pm CT via webinar

Ethics and Boundaries:  
Addressing the Implicit  
Power Imbalance



with Adesola Oni & Shawn Smith

## FEBRUARY 13

10am-12pm CT via webinar

Burnout Management:  
Tools and Solutions for  
Creating Work-Life Balance



with Emily  
Ballesteros

## MARCH 13

8:30am-12:30pm CT via webinar

Crisis De-Escalation:  
Practical Strategies for  
Helpful Intervention



with Travis  
Atkinson

## APRIL 24

9am-4pm CT **in Waukesha, WI**

Polyvagal Theory & Embodied  
Practice: Building  
Interoceptive Awareness &  
Emotion Regulation



with Courtney  
Rolfe

## MAY 15

8:30am-12:30pm CT via webinar

Cultural Continuity:  
Navigating Mental  
Health Challenges in  
the Hmong Diaspora



with Pam  
Yang

## JUNE 12

9am-2:30pm CT via webinar

Intergenerational  
Trauma: The Burdens  
and the Gifts



with Anita  
Mandley

## JULY 17

10am-2:30pm CT via webinar

Neurodiversity & The  
Nervous System: Autism,  
ADHD, OCD, and PTSD



with Sean  
Interbitzen

in collaboration with CESBMH & OCMH 

## AUGUST 15

9am-4:30pm CT **in Wisconsin Dells**

Somatic Experiential  
Play Therapy



with Melissa  
Wetterlund

in collaboration with CESBMH & OCMH 

## SEPTEMBER 18

10am-2:30pm CT via webinar

Serving Couples  
Throughout the  
Relational Spectrum



with Samia  
Khan

## OCTOBER 10

9am-4pm CT **in Oshkosh, WI**

Culturally Responsive  
Leadership and  
Accountability



with Sheng  
Lee Yang

## NOVEMBER 13

10am-2:30pm CT via webinar

Communicating with  
Confidence: Refreshing  
Foundational Skills for  
Counselors & Clinicians



with Julies  
Bates-Maves

## DECEMBER 11

8:30am-12:30pm CT via webinar

Hope & Healing Beyond  
Addiction: Substances,  
Society, and Solutions



with Clem  
Richardson

## JANUARY 18

10am-2:30pm CST via webinar

Treating Suicide Risk in  
Outpatient Settings



with Jennifer  
Muehlenkamp, PhD

 funding support from MHTTC

## FEBRUARY 15

10am-2:30pm CST via webinar

Ethics and Boundaries:  
Culturally Responsive  
Therapy Through an  
Indigenous Lens



with Felicia Behnke  
Shaw, MSW, LCSW,  
CSAC, CS-IT

## MARCH 14

10am-2:30pm CST via webinar

Adoption Throughout  
the Lifespan: Beyond  
Adoption Day



with Jaclyn Skalnik,  
LCSW

## APRIL 18

8:30am-3:30pm\* in Waukesha, WI

Build Workplace Cultures  
of Belonging with  
Inclusive Leadership



with Beth Ridley,  
MBA


## MAY 16

10am-2:30pm CST via webinar

Ethics and Boundaries:  
Adapting Evidence-  
Based Interventions to  
Honor Diversity



with Chardé  
Hollins, LCSW

 funding support from MHTTC

## JUNE 6

10am-2:30pm CST via webinar

Harm Reduction in  
Behavioral Health



with Myranda Green,  
LLMSW

 funding support from MHTTC

## JULY 18

9am-4pm in Wisconsin Dells

Change Starts with  
You(th): Supporting Teen &  
Adolescent Mental Health



with Mary Kate Rowland  
(NAMI-Wisconsin)

## AUGUST 23

10am-2:30pm CST via webinar

Eliminate the Stigma:  
What to Know About Black  
Women's Mental Health



with Crystal Carter,  
MSW, LCSW

## SEPTEMBER 12

10am-2:30pm CST via webinar

Understanding Early  
Childhood Trauma Through  
a Developmental and  
Relational Lens



with Jess Bernal,  
LMFT

## OCTOBER 24

9am-4pm in Oshkosh, WI

What's the T? Unpacking  
the Queer Acronym and  
Nurturing Queer & Trans  
Mental Wellness



with Christopher  
Jorgenson, EdD

## NOVEMBER 13-14

10am-12pm CST each day  
via webinar

Ethics and Boundaries:  
The Internet, Stress,  
and Burnout



with David Mays,  
MD, PhD

## DECEMBER 5

10am-2:30pm CST via webinar

Provider Wellbeing:  
The Path Back Home  
to Ourselves



with Anita Mandley,  
MS, LCPC

## JANUARY 19

10am-2:30pm CST via webinar

Ethics and Boundaries:  
*What Does It Mean to  
Be a Leader Today?*



with Crystal Carter,  
MSW, LCSW

## FEBRUARY 9

10am-2:30pm CST via webinar

Perinatal and Post-Natal  
Mental Health



with Christina L Wichman, DO;  
Emily Aleksy, LCSW, PMH-C;  
and Sarah Bloomquist, CFLE

## MARCH 23

10am-2:30pm CST via webinar

Introduction to Internal  
Family Systems (IFS)



with Frank G. Anderson,  
MD

 funding support from MHTTC

## APRIL 20

9am-4pm in Waukesha, WI

Polyvagal Theory in  
Practice: *The Nervous  
System in Clinical Work*



with Courtney Rolfe,  
MA, LCPC

\* *in-person event*

## MAY 16

10am-2:30pm CST via webinar

Autism Is Not  
What You Think It Is



with Angela Marx,  
PhD

## JUNE 8

10am-2:30pm CST via webinar

The Essentials of  
Effective Psychotherapy:  
*What We Know Works*



with Kelli Underwood,  
LCSW

 funding support from MHTTC

## JULY 13

9am-4pm in Oshkosh, WI

Victim, Survivor, Thriver:  
Trauma Recovery for Intimate  
Partner Abuse Victims



with Jennifer Parker,  
MSSW

\* *in-person event*

## AUGUST 10

10am-2:30pm CST via webinar

The Body: A Wellspring  
of Healing



with Anita Mandley,  
MS, LCPC

 funding support from MHTTC

## SEPTEMBER 14

10am-2:30pm CST via webinar

De-Stress Your Distress  
and Be the Best You!



with Patricia Clason,  
RCC

## OCTOBER 2

9am-4pm in Eau Claire, WI

Building Brains with  
Relationships



with Meghan Christian,  
MSW, LCSW

\* *in-person event*

## NOVEMBER 8-9

10am-12pm CST each day  
via webinar

Confusing Clusters:  
Ambiguity in Mental Health  
Diagnosis and Treatment



with David Mays,  
MD, PhD

## DECEMBER 7

9am-2:30pm CST via webinar

Somatic Experiential  
Play Therapy



Melissa Wetterlund, MA, LP, LMFT, RPT-S  
and Sara Werner, MA, LP, RPT-S, SEP

## JANUARY 20

8:30am-12:30pm CST via webinar

**Harnessing the Power of the Millennial Workforce: Leadership & the Future of Behavioral Health**



with Joy Brunson-Nsubuga, MA, LMFT, LCAS, CCS of RI International



funding support from MHTTC

## FEBRUARY 17

8:30am-12:30pm CST via webinar

**Culturally Responsive Counseling Practices with Individuals & Families**



with Patricia Arredondo, EdD of Arredondo Advisory Group



funding support from MHTTC

## MARCH 17

10am-2:30pm CST via webinar

**Collective Trauma, Collective Healing, and The New Normal in Behavioral Health**



with Susanne Haase, LMHC, MSED of Mind at Peace



funding support from MHTTC

## APRIL 7

9am-4pm in Waukesha, WI

**The Intersection of Addiction, Anxiety, Depression & Trauma**



with Vicki Goodman-Strenski, LCSW, CSAC of Meditative Strategies for Health & Wellness

\* *in-person event*

## MAY 5

8:30am-12:30pm CST via webinar

**Ethics & Boundaries in a World of Technology**



with Jeanne Wagner, MSW, LCSW, ACSW of University of Wisconsin-Milwaukee

## JUNE 7

10am-2:30pm CST via webinar

**Emotional Intelligence: The Ultimate Stress-Buster!**



with Patricia Clason, RCC of the Center for Creative Learning

## JULY 14

9am-4pm in Oshkosh, WI

**Strengthening Family Resilience: Overcoming Life Crises & Challenges**



with Froma Walsh, PhD of the Chicago Center for Family Health

\* *in-person event*

## AUGUST 12

10am-2:30pm CST via webinar

**Ethics & Boundaries: Having a Conversation About Moral Principles & Cultural Humility**



with Anita Mandley, MS, LCPC of the Center for Contextual Change

## SEPTEMBER 20

10am-2:30pm CST via webinar

**The Road Traveled: The Science of Applied Behavior Analysis & Socially Significant Change**



with Jana Sarno, BCBA of Autism in Motion

## OCTOBER 13

9am-4pm in Eau Claire, WI

**Ethics and Boundaries: Special Considerations in Youth Work:**



with Lisa Anderson, LPC, CSW of A Healing Place

\* *in-person event*

## NOVEMBER 2-3

9am-12pm CST each day via webinar

**Dear Black Male**



with Anthony Gay & Qur-an Webb, MSW of Welcome 2 Reality

## DECEMBER 7-8

10am-12pm CST each day via webinar

**Personality Disorders: Diagnosis & Treatment for Therapeutic Progress**



with David Mays, MD, PhD of the University of WI Dept. of Psychiatry