

JANUARY 19

10am-2:30pm CST via webinar

Ethics and Boundaries:
*What Does It Mean to
Be a Leader Today?*



with Crystal Carter,
MSW, LCSW

FEBRUARY 9

10am-2:30pm CST via webinar

Perinatal and Post-Natal
Mental Health



with Christina L Wichman, DO;
Emily Aleksey, LCSW, PMH-C;
and Sarah Bloomquist, CFLE

MARCH 23

10am-2:30pm CST via webinar

Introduction to Internal
Family Systems (IFS)



with Frank G. Anderson,
MD

 funding support from MHTTC

APRIL 20

9am-4pm in Waukesha, WI

Polyvagal Theory in
Practice: *The Nervous
System in Clinical Work*



with Courtney Rolfe,
MA, LCPC

* *in-person event*

MAY 16

10am-2:30pm CST via webinar

Autism Is Not
What You Think It Is



with Angela Marx,
PhD

JUNE 8

10am-2:30pm CST via webinar

The Essentials of
Effective Psychotherapy:
What We Know Works



with Kelli Underwood,
LCSW

 funding support from MHTTC

JULY 13

9am-4pm in Oshkosh, WI

Victim, Survivor, Thriver:
Trauma Recovery for Intimate
Partner Abuse Victims



with Jennifer Parker,
MSSW

* *in-person event*

AUGUST 10

10am-2:30pm CST via webinar

The Body: A Wellspring
of Healing



with Anita Mandley,
MS, LCPC

 funding support from MHTTC

SEPTEMBER 14

10am-2:30pm CST via webinar

De-Stress Your Distress
and Be the Best You!



with Patricia Clason,
RCC

OCTOBER 3

9am-4pm in Eau Claire, WI

Building Brains with
Relationships



with Meghan Christian,
MSW, LCSW

* *in-person event*

NOVEMBER 8-9

10am-12pm CST each day
via webinar

Confusing Clusters:
Ambiguity in Mental Health
Diagnosis and Treatment



with David Mays,
MD, PhD

DECEMBER 7

9am-2:30pm CST via webinar

Somatic Experiential
Play Therapy



Melissa Wetterlund, MA, LP, LMFT, RPT-S
and Sara Werner, MA, LP, RPT-S, SEP