

## JANUARY 16

10am-2:30pm CT via webinar

Ethics and Boundaries:  
Addressing the Implicit  
Power Imbalance



with Adesola Oni & Shawn Smith

## FEBRUARY 13

10am-12pm CT via webinar

Burnout Management:  
Tools and Solutions for  
Creating Work-Life Balance



with Emily  
Ballesteros

## MARCH 13

8:30am-12:30pm CT via webinar

Crisis De-Escalation:  
Practical Strategies for  
Helpful Intervention



with Travis  
Atkinson

## APRIL 24

9am-4pm CT in Waukesha, WI

Polyvagal Theory & Embodied  
Practice: Building  
Interoceptive Awareness &  
Emotion Regulation



with Courtney  
Rolfe

## MAY 15

8:30am-12:30pm CT via webinar

Cultural Continuity:  
Navigating Mental  
Health Challenges in  
the Hmong Diaspora



with Pam  
Yang

## JUNE 12

9am-2:30pm CT via webinar

The Legacies of Cultural,  
Historical, and  
Intergenerational Trauma



with Anita  
Mandley

## JULY 17

10am-2:30pm CT via webinar

Neurodiversity & The  
Nervous System: Autism,  
ADHD, OCD, and PTSD



with Sean  
Interbitzen

in collaboration with CESBMH & OCMH 

## AUGUST 15

9am-4:30pm CT in Wisconsin Dells

Somatic Experiential  
Play Therapy



with Melissa  
Wetterlund

in collaboration with CESBMH & OCMH 

## SEPTEMBER 18

10am-2:30pm CT via webinar

Serving Couples  
Throughout the  
Relational Spectrum



with Samia  
Khan

## OCTOBER 10

9am-4pm CT in Oshkosh, WI

Culturally Responsive  
Leadership and  
Accountability



with Sheng  
Lee Yang

## NOVEMBER 13

10am-2:30pm CT via webinar

Communicating with  
Confidence: Refreshing  
Foundational Skills for  
Counselors & Clinicians



with Julies  
Bates-Maves

## DECEMBER 11

8:30am-12:30pm CT via webinar

Hope & Healing Beyond  
Addiction: Substances,  
Society, and Solutions



with Clem  
Richardson