

JANUARY 16

10am-2:30pm CT via webinar

Ethics and Boundaries:
Addressing the Implicit
Power Imbalance



with Adesola Oni & Shawn Smith

FEBRUARY 13

10am-12pm CT via webinar

Burnout Management:
Tools and Solutions for
Creating Work-Life Balance



with Emily
Ballesteros

MARCH 13

8:30am-12:30pm CT via webinar

Crisis De-Escalation:
Practical Strategies for
Helpful Intervention



with Travis
Atkinson

APRIL 24

9am-4pm CT **in Waukesha, WI**

Polyvagal Theory & Embodied
Practice: Building
Interoceptive Awareness &
Emotion Regulation



with Courtney
Rolfe

MAY 15

8:30am-12:30pm CT via webinar

Cultural Continuity:
Navigating Mental
Health Challenges in
the Hmong Diaspora



with Pam
Yang

JUNE 12

9am-2:30pm CT via webinar

Intergenerational
Trauma: The Burdens
and the Gifts



with Anita
Mandley

JULY 17

10am-2:30pm CT via webinar

Neurodiversity & The
Nervous System: Autism,
ADHD, OCD, and PTSD



with Sean
Interbitzen

in collaboration with CESBMH & OCMH 

AUGUST 15

9am-4:30pm CT **in Wisconsin Dells**

Somatic Experiential
Play Therapy



with Melissa
Wetterlund

in collaboration with CESBMH & OCMH 

SEPTEMBER 18

10am-2:30pm CT via webinar

Serving Couples
Throughout the
Relational Spectrum



with Samia
Khan

OCTOBER 10

9am-4pm CT **in Oshkosh, WI**

Culturally Responsive
Leadership and
Accountability



with Sheng
Lee Yang

NOVEMBER 13

10am-2:30pm CT via webinar

Communicating with
Confidence: Refreshing
Foundational Skills for
Counselors & Clinicians



with Julies
Bates-Maves

DECEMBER 11

8:30am-12:30pm CT via webinar

Hope & Healing Beyond
Addiction: Substances,
Society, and Solutions



with Clem
Richardson